

Academic Student Assistance Program

Round the Clock Access



- 24/7 support from Care Center staffed by qualified, experienced professionals
- Free & confidential services accessible via phone, video, private chat, text, or email
- 140+ languages & TDD/TTY capabilities

Online & Mobile Tools



- Mobile app for immediate access
- Interactive, multi-lingual website
- Wellbeing, physical, & behavioral health risk assessments
- Webinars & learning modules

Life & Wellbeing Resources



- Unlimited assessments, counseling, & individual crisis intervention
- Support for stress, depression, family or relationship concerns, & substance abuse
- Referrals to community programs & resources
- Legal, financial, & identity theft consultations

Protecting their physical, mental, and financial wellbeing.
For more information, visit ahpcare.com or contact sales@ahpcare.com

Services provided directly by the Student Assistance Program are free. If referred to outside resources, the client will be responsible for any costs. Student Assistance Program Services are underwritten and administered by Empathia, Inc., a separate and independent company from Academic HealthPlans, a Risk Strategies Company.