



ASAP | Academic Student Assistance Program

Protecting their physical, mental, and financial wellbeing.

24/7 Access

- Round-the-clock support from a Care Center staffed by qualified and experienced professionals
- Free and confidential services accessible via phone, video, private chat, text, or email
- 140+ languages and TDD/TTY capabilities

Online & Mobile Tools

- Mobile app for immediate access and interactive multi-lingual website
- Wellbeing, physical, and behavioral health risk assessments
- Webinars and learning modules

Life and Wellbeing Resources

- Unlimited assessment, counseling and individual crisis intervention
- Support for stress, depression, family and relationship concerns, and substance abuse
- Verified referrals to community programs and resources
- Legal, financial, and identity theft consultations and resources

For more information, visit ahpcare.com or contact sales@ahpcare.com.